



## Youth for Development Training Programme (YDTP)

Empowering Youth leadership in advocacy to create enabling, inclusive environments that promote dignity of life for all without stigma and discrimination

**A 6 Day TRAINER PROGRAM on HIV/AIDS – -August, 2008**

### **Background:**

Students have expressed the need to build their capacities in managing HIV/AIDS related programs, team building, comprehensive health and development. Capacity building offered by Equity Foundation will help them lead and manage advocacy programs and promote environments that offer all human beings a life with dignity.

### **Objectives:**

- *To build skills for addressing self stigma, enabling positive living and positive prevention*
- *To build communication skills that will help them promote stigma free environments at all levels.*
- *To link and network with governmental and other programs addressing livelihood, education, gender, social and health challenges faced.*

### **Scope of the training:**

At the end of the training participants will be able to:

1. Scale up HIV/AIDS related advocacy work within the community and with vulnerable sectors
2. Re-in force key messages regarding vulnerable populations for enabling stigma-free environments.
3. Be positive leaders to facilitate HIV/AIDS related advocacy programs.
4. Learn from role plays and field experiences to adapt advocacy skills to daily life.
5. Play a role in community development through accessing entitlements and services from government and banks.

## **Training Schedule:**

### **DAY 1: Career Counselling**

### **DAY 2: Building advocacy capacity**

- *What is HIV/AIDS*
- *Role of advocacy in promoting stigma free environments*
- *Rights and responsibilities*
- *Addressing stigma and discrimination*
- *Advocacy and related concepts*
- *Steps in the advocacy process*
- *Role of Media and Politics in advocacy*

### **DAY 3: Living Positively with HIV infection and AIDS**

- *Prevention of HIV and AIDS*
- *Counselling and testing*
- *Prevention of parent to child transmission of HIV*
- *Prevention of opportunistic infections (OI)*
- *Management and prevention of tuberculosis*
- *Management and adherence to ART*
- *Nutrition*
- *Universal Precautions*
- *Home and community based care*
- *Positive Speaking*

### **DAY 4: Mainstreaming HIV and AIDS prevention care and support**

- *Internal and external mainstreaming process*
- *Participatory Community Appraisal {mapping, methods}*
- *Bank aided programs*
- *Entitlements from governmental schemes*

### **DAY 5: Leadership and Management**

- *Leadership and management*
- *Documentation and report writing*
- *Communication and empowerment building*

### **DAY 6: Role Play / Documentary Film on HIV /AIDS & Question Answers**

## **Training Methodology:**

Participatory approaches will be used during the training. Each day will consist of formal facilitation sessions followed by practical activities, documentary film shows and field experience. Participants will also receive a folder of training material, related references and a complete resource package.

**Venue:** Equity Foundation (A Forum for women & child), 123-A Pataliputra Colony Patna

**Training Hall:** Equity Foundation office

**Dates:** 6 days training program

**Youth for development training programme: – August, 2008**

**No. of seats available: 20 in each training**

## **Registration information:**

- Open to the 20 participants on first-come first-serve basis.
- **Registration Fee:** Rs. 600/- payable by cash addressed to Equity Foundation Bihar
- Participants will **bear their own costs** for their travel for the training program.
- EF Bihar will bear the costs of food, educational materials during the program.

## **Training resource organization:**

### **Equity Foundation**

123-A Pataliputra Colony,

Road no: 5-A

Patna- 800013

Tel: +91-612- 2270171; 9334129755

Email: [equityasia@gmail.com](mailto:equityasia@gmail.com)

Web: [www.equityasia.net](http://www.equityasia.net)

Contact Person: Mrs. Nina Srivastava, Executive Director; Rahul Kumar, Project Officer; Dipendra Kumar, Project Coordinator

**Please note- The Registration fee is non-refundable**

**Seat availability on first come first served basis**